Unit 5 Test Bank

Multiple Choice

\_\_\_\_\_\_ 1. Which of the following accurately describes meditation?

1. uses words in conversation with God
2. not a Catholic or Christian practice
3. uses your thoughts, imagination, emotions, and desires to ponder God’s presence and activity in your life and in the world
4. doxologies like the Gloria and the “Glory Be” are examples, giving God glory not for what he does, but simply because he is

\_\_\_\_\_\_ 2. What are the three major expressions of prayer in the Catholic Tradition?

1. the Triduum
2. vocal prayer, meditation, and contemplation
3. adoration, petition, thanksgiving
4. yoga, meditation, artistic prayer

\_\_\_\_\_\_ 3. Which of the following describes a step in Ignatian Gospel meditation?

1. memorizing a passage in the Psalms
2. all you have to do is remember that you are in the holy presence of God and open your heart to him
3. read the passage through once, paying special attention to the characters and the concrete details
4. praying the Rosary

\_\_\_\_\_\_ 4. When used at the beginning of a teaching, as Jesus uses it, this Hebrew word adds authority to what follows.

1. Kyrie
2. Amen
3. Hallel
4. Halal

\_\_\_\_\_\_ 5. Which kind of prayer is described as simply dwelling and resting in God’s love?

1. contemplation
2. Ignatian Gospel meditation
3. rote prayer
4. vocal prayer

\_\_\_\_\_\_ 6. What was Saint Ignatius’s profession before his conversion?

1. artist
2. baker
3. horse trainer
4. soldier

\_\_\_\_\_\_ 7. At which liturgy do we remember the empty tomb?

1. Holy Thursday
2. Good Friday
3. Palm Sunday
4. Easter Vigil

\_\_\_\_\_\_ 8. What does the extended Liturgy of the Word at the Easter Vigil help us recall?

1. Christian anthropology
2. salvation history
3. Christ’s Passion and death
4. the darkness of sin

\_\_\_\_\_\_ 9. The Mass of the Lord’s Supper is the name for which celebration?

1. the Feast of Pentecost
2. the Feast of Easter
3. Easter Vigil
4. Holy Thursday

\_\_\_\_\_\_ 10. “To be set apart for God’s service” describes which of the following?

1. a charism
2. holiness
3. asceticism
4. mysticism

True or False

T F 1. A charism is a special grace of the Holy Spirit given to an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
individual Christian or community, for the benefit and building   
up of the entire Church.

T F 2. To reveal God’s love to the world through acts of loving \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
service is a characteristic of holiness.

T F 3. Teresa of Ávila is also called “the Pearl of York.” \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

T F 4. Memorized prayer is the first way most people learn \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
to pray vocally.

Essay

1. Explain why human beings are called to holiness and what role we play in becoming holy.
2. Name two of the mystics described in this unit and describe their mystical experience.